## **School Wellness Advisory Committee**

9:30 am-10:30 am

Wednesday, December 11, 2019 - Agenda

## **STEM Conference Room at MHS**

Attendees: Todd Turcotte, Gorete Wilson, Michelle Smith-Packard, Jennifer White, Jillian Morin, Dave Hackett, John Fletcher, Lou Turieo, Michelle Bodin-Hettinger, Pete Dickerman, Darren McLaughlin, Patty Moran, Ryan Braswell, Lynne Medailleu, Michelle Blair

Julie Dalbec, Mary Zakrzewski, Jenna Janson, students: Sarah Orentlich, Amy MacGlashing, and Cynthia Pascarelli, Erika Cannavino, Jennifer White,

Facilitator: Mary Zakrzewski Note taker: Todd Turcotte

## Meeting Norms:

- Assume positive intentions: Feedback & challenges are offered for good of team. Consider all POVs offered. Problem-solving mindset.
- ✓ Take an inquiry stance: Strive to understand without prejudgment. OK to play devil's advocate when announced and in transparency.
- ✓ Advance the conversation: Offer commentary that summarizes previous contributions and builds upon it.
- ✓ Ground statements in evidence: Fewer "I believe" statements. Fewer "gut feelings." Careful of facts = own on both sides.
- ✓ Stick with protocols: Agenda prior to the meeting; summarize; be prepared
- ✓ Begin and end on time: Shows trust & respect for fellow team members. Let facilitator know if you will be late or unable to attend.
- ✓ Be here now: Leave bag of problems at door; pick it up when you leave. No texting, email during meeting. Laptops up only for note-taking/present work. Phones on vibrate
- ✓ One message: Clarity, action steps, commitment when we adjourn.

## Meeting objectives:

Make headway on topics brought forth for clarity

Time	Minutes	Activity
9:30		Welcome and Introductions
	10	Recruitment:
9:40		Community Connections Updates:
		* "Boys and Girls Club - Pete
	10	* Healthy Families Network -Gorete
		* Marlborough Alliance for Prevention - Michelle
		* Food Services-Jenna
	30	Focus Goal areas: Last Meeting:
		* Bully Prevention Ed.
		* Dating Violence Curriculum
		* Vaping education
		Mental Health Issues "Mental Health Days"-an excused absence
	10	Other/ Suggestions:

Add Julie's community mentoring				
10:30	Adjourn:			
Next Meeting: February 12, 2020				